

SELBY HOUSE CAFÉ MENU

BAKED GOODS

FRESH PASTRY

cookies, brownies & assorted bars – selection changes daily
made with love at Strudel's Bakery and Old Heidelberg Pastry Shop.

CHILDREN'S RAINFOREST COOKIE \$2.50

oats, whole wheat flour, wheat germ, oat bran, dried plums,
raisins, almonds, butter, sugar and eggs.

SALADS & SIDES

MARIE'S GREEK SALAD \$7.50

romaine lettuce, grape tomato, cucumber, feta, artichokes,
roasted red peppers, red onion, olives and pepperoncini.

ALBACORE TUNA SALAD ON GREENS \$8.00

carrots, cucumber, grape tomato and hard boiled egg
served on mixed greens. dressing options available.

PECAN CHICKEN SALAD WITH COUSCOUS \$8.25

grilled chicken, pecans, grapes and mayo
served with a couscous salad.

SEASONAL FRUIT SALAD \$4.00

YOGURT, BERRIES & GRANOLA \$4.00

COUSCOUS SALAD OR QUINOA SALAD \$4.00

VEGGIES & HUMMUS \$4.00

SOUP

Delicious and warming
Selection changes daily

WRAPS & SANDWICHES

RASPBERRY WALNUT CHICKEN WRAP \$8.50

grilled chicken with raspberry bleu cheese dressing,
organic greens, red onion & walnuts on a wrap.

CRAN - TURKEY SANDWICH \$7.75

turkey and organic greens with orange honey mayo
on locally baked cranberry-walnut bread.

ROAST BEEF PESTO SANDWICH \$7.75

roast beef with pesto-mayo, organic greens, red onion
and grape tomatoes on locally baked bread.

CAPRESE SANDWICH (VEGETARIAN) \$8.00

fresh mozzarella, beefsteak tomatoes and pesto
on locally baked rosemary focaccia roll.

VEGGIE WRAP WITH QUINOA [KEEN-WAH] \$7.50

mansion-made hummus and assorted roasted vegetables
with feta cheese quinoa salad on a wrap.

PEANUT BUTTER & JELLY ROLL UP \$5.00

with apple sauce and a freeze pop.

BEVERAGES

loose leaf iced teas
espresso, coffee & tea
sodas, juices, beer & wine
ice cream



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