

## SELBY HOUSE FALL / WINTER CAFÉ MENU

### BAKED GOODS

**FRESH PASTRY**

cookies, brownies & assorted bars, selection changes daily

**TROPICAL RAINFOREST COOKIE** **\$2.25**

**YOGURT, BERRIES & GRANOLA CUP** **\$4.00**

our granola is home-made

### SALADS

**ORGANIC MIXED GREEN SALAD** **\$5.00**

with sliced chicken add **\$3.00**

**MANGO BLACK BEAN SALAD** **\$7.50**

organic mixed greens, fresh mango, black beans, carrots,  
and cilantro with mango poppy dressing

**CHOPPED COBB SALAD** **\$8.00**

chicken, egg, bacon, organic mixed greens, grape tomatoes  
and red onion

**CURRIED COUSCOUS SALAD** **\$4.00**

with chickpeas, raisins, toasted almonds and herbs

**THREE POTATO SALAD** **3.50**

new potatoes, red skins & sweet potato...yum!!!

### SOUPS

with crackers- selection changes daily

**FIRE ROASTED VEGETABLES**

**MUSHROOM BRIE BISQUE**

**LOBSTER & CRAB BISQUE**

**HOME-STYLE CHICKEN NOODLE**

**\$5.00**

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### WRAPS & SANDWICHES

your choice of chips or fruit

selection changes daily

**ROAST BEEF AIOLI** **\$8.00**

with horseradish aioli, organic mixed greens, grape tomatoes  
& red onion on a sun dried tomato wrap

**RASPBERRY WALNUT CHICKEN** **\$8.50**

with raspberry blue cheese dressing, organic mixed greens,  
red onion & walnuts on a garlic herb wrap

**SMOKED SALMON** **\$9.00**

with dill cream cheese, organic mixed greens, red onion,  
capers & egg on a garlic herb wrap

**OVEN ROASTED TURKEY** **\$8.00**

with ranch dressing, organic mixed greens, grape tomatoes,  
pepper jack cheese & red onion on a garlic herb wrap

**VEGGIE** **\$7.75**

with hummus, organic mixed greens, carrots, grape tomatoes  
& cucumbers on a spinach tortilla

**ORGANIC MIXED GREENS & LOCALLY BAKED BREAD** **\$8.00**

albacore tuna **\$8.50**

moroccan chicken salad **\$9.00**

herb shrimp salad **\$8.00**

ham & swiss w/honey mustard

**FRESH FRUIT CUP** **\$3.00**

**CHIPS** **\$1.00**

**FRUIT** **\$0.75**

### BEVERAGES

sodas, juices, & water

coffee & tea

beer & wine

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Sip Locally™